

COMMON NAME:
COMMON SUNFLOWER

SCIENTIFIC NAME:
HELIANTHUS ANNUUS

ALSO CALLED: KANSAS SUNFLOWER

FLOWER COLOR: YELLOW

FLOWER ARRANGEMENT: FLOWERS AT THE END OF BRANCHES

FLOWERING TIME: MAY TO JULY

LEAVES: LARGE DARK GREEN DELTOID SHAPED LEAVES

NORMAL SIZE: 4' TO 8'

OTHER LOOKALIKES: DESERT SUNFLOWER

EDIBLE: THE SEEDS ARE, AND HAVE BEEN, EATEN FOREVER

NORMAL ELEVATION: 4000' TO 6000'

HABITATION: USUALLY PREFERS A LITTLE ABOVE NORMAL MOISTURE LIKE WHAT IS FOUND IN DITCHES AND LOW LYING FIELDS

ABUNDANCE: MEDIUM COMMON

NOTABLE DETAILS: HERBACEOUS VERY TALL SUNFLOWER WITH LARGE, DARK GREEN WIDE LEAVES.

SPECIAL INTEREST: IT IS THE STATE FLOWER OF KANSAS. IT IS ALSO VERY SHORT-LIVED. IT IS USUALLY FOUND IN ARIZONA AT ABOUT 4000' TO ABOUT 6000'. THE SEEDS ARE EDIBLE BUT TOO SMALL TO BE PRACTICAL.